

10 Things You Can Do to Have a Great Flying Experience



- 1. Plan as far in advance as possible.** Since most of my travel is business related I am not looking for some great last-minute deal. Yes, flights sometimes drop in price, but I have found it is seldom worth the last-minute pressure and poor seating choices. I also try not to take the last flight of the day in case it is delayed or canceled.
- 2. Don't rush to the airport.** I would rather sit at an airport for 30 to 60 minutes than wait until the last second and worry about catching my flight. Flying is stressful enough that you don't have to add to it. Get a good book you've been wanting to read or give a friend a call.
- 3. Stuff happens when you are flying.** There will be delays, cancellations, angry passengers, stinky or drunk passengers, morbidly obese passengers, poor service from attendants and much more. That is part of the flying experience, so don't freak out when it actually happens. Deal with the reality of it rather than how you think it supposed to be. Getting yourself all worked up about it serves no purpose at all.
- 4. Be comfortable** – wear comfortable clothing, try to get a comfortable seat, pay to get a seat with an extra 4 inches of room, if flying Southwest then get Early Bird seating.
- 5. Make sure you have a good book, good movie, game** you can play on the plane, or a deck of cards. On a recent flight my wife and I had an excellent time playing on a small Scrabble board. Personally I use the plane as "Flight University" and generally read a book in each direction. One of the few times I have the luxury to do that.
- 6. Bring healthy food, snacks and drinks.** Drinking a bunch of sugared drinks and high carb snacks offered by the airline is not a healthy approach. Just don't bring any food that will stink out the people around you. Leave the McDonald fries behind.
- 7. Bring a map.** I love looking at my map when I sit at a window seat, so I understand what I'm flying over. Those Unique Media maps are best for this <https://amzn.to/2zxpRlp>
- 8. Have a plan for your kids.** If they are tired, hungry or bored they're bound to be cranky and cause you and fellow passengers grief.
- 9. Respect the person next to you.** Be an example of how a great passenger acts. For example, if you need to go to the bathroom frequently don't sit at a window seat and make everybody get up all the time.
- 10. Last and perhaps most importantly, be grateful** you arrived in one piece and appreciate the miracle that flying is.

About Don Phin, Esq.

Don Phin, Esq. is a lawyer and a highly rated presenter on the emotional intelligence required to be great at leadership and sales. To learn more go to www.donphin.com

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