



The Hour of Power

Feedback from Second Chance Students

I love doing my “Hour of Power” for each [Second Chance](#) class. I begin by reminding them *we are all miracles*. Then we talk about *the power in being responsible*. Finally, we discuss how to *coax, encourage and inspire* ourselves to success.

They are the most wonderful students!

I can use this the rest of my life. I am very thankful. - Jorge

I like your way of thinking. - Abel

Great words of encouragement. - Fabian

Thank you for your inspiration and genuine positivity. - Christian

Many of your ideas will be useful as we move forward and make positive changes in our lives. - Robert

Thank you for your inspiration. The courage you have given me I will always cherish the things you place in my heart. Thank you for helping me to believe in myself and know that I am no longer the victim. - Patricia

I really appreciate your kindness and support to people like me. Thank you! - Maria

I realized after your presentation I need to make changes in my daily routine and not wait for success to fall into my lap. I'm grateful to have attended your presentation and your words will never be forgotten. - Fred

Thank you for sharing and motivating me. - Steve

You have shined some light on the missing pieces in my recovery. Who said you can't teach an old dog new tricks. Thank you for an ah-ha moment. - Deborah

Every day I tell myself I am a millionaire in the making. Thank you. - Veronica

Words can't express how thankful I am for you, God has his hand on you, and he honors you for empowering the lives of many. You definitely empowered my life and I will forever put positivity over

negativity. I will never function in my pain nor will I blame or justify others for my problems. From this day forward, I will invest in myself. It all starts with me. - Daniel

When gratitude was so absolute the words are never enough. Thank you for your kindness. - Edward

Thank you for helping me to believe that I am a miracle. - Sally

What you taught me has a lot of value in my life because now I can wake up every day, and see what I am working towards. - Jackie

I love hearing the three magic words: coax, encourage and inspire. I've already told three friends about your talk. - Laura

I learned I need to stop the way I have been and living and take it all one step at a time. - Avery

Thank you for sharing your valuable lessons... It has inspired me to reach to the top and set long-term goals from myself once I achieve my short-term goals first. - Raychelle

I really appreciate it when you shared about "drawing the line in my life". I am going to apply that to my life today. Thank you for helping me see the light at the end of the tunnel. - Jody

As someone who is over 40 I found hope in learning that it is never too late for a new start or second chance. Thank you. - Rodney

Thank you for encouraging us to find the good in ourselves. I usually forget that part, thank you for the reminder. - Marci

I want to thank you for your knowledge about the importance of being responsible. I heard nothing but positive words, you explained in complete detail the true meaning of responsibility. I like how you expressed it in many ways that I've never heard before. - Ray

As a 54-year old female, changing my life or job, has been a concept I struggle with. I was able to calm myself down late last night and let your words simmer in my mind. "One step at a time," and "encourage" yourself are the two steps I have already started to put into action. - Marita

Thank you for what you shared about being a beacon of light and focus. That spoke to me in numerous ways. I will never forget. - Julie

I will use what I've learned through your presentation by not giving up on myself, doing things I enjoy and making sure I take responsibility for my actions in life. - Isabel

It said that "success leaves a trail". Thank you for sharing yours. - Rudy

Thank you. The information you shared is priceless. I will use this knowledge to plan my life accordingly. - Jon-David

From this moment on I will take it step by step. I will take full responsibility for my actions and will fight my challenges with the positive attitude. - Leonardo

Moving forward I will practice keeping my personal life in drama away from my place of business and business life. - Kyle

You are a very kind, motivating and uplifting person. Thank you for your wisdom and respect. - Amanda

You give a great presentation! I learned a lot and truly enjoyed myself. - Amy

I learned many things from your presentation but one of the main take away was that the fear of others judgment creates my fear. Without fear I will be free to grow personally and professionally. This will change my life and I am grateful for your insight. - Carrie

I want to stay that your speech hit home. All I ever wanted was to hear words of wisdom and knowledge. -Rosemarie

You have given me the keys to unlock the shackles that had me bound. I will use this freedom to apply it in my everyday life, on the job, in my family, friends and those around me. Thank you for giving me the tools to conquer fear. - Oscar

I learned many different things from you. First and most important to me is I no longer give my power away by playing below the line. All of the things I have learned from you will have tremendous value in my life. - Cathy

I will breathe life into myself and accept the good in me. I will create my story with clarity. Thank you for your time. - Tamara

I learned that I must get over my fears. I will not let or worry about someone else's judgement stop or affect what I do. Thank you. - Bryan

I will stop fearing judgement, I am too hard on myself and make myself feel like I am not good enough. I will not allow fear to hinder what I can do and all the possible ways I can be great. - Kimberly

One of the things that really stuck with me was when you said, "do what you have to do until you don't have to do it anymore". Thank you again. - Alexander

I used to blame others and justify my wrong doings. I now want to be responsible for my actions. I can admit when I am wrong. I am building my self-confidence and self-esteem. I will be successful using these methods. - Sylvia

I heard a great many things but what I held onto the most is that discipline and responsibility bring a great deal of freedom to one's life. Thanks again for sharing your wisdom, it was very empowering. - Jessica

The words coax, encourage and inspire are words I will live by. - Sharon

You gave me the wisdom I need in my life at this moment. You motivated me to find an opportunity where I thought there wasn't one. - Miguel

I learned that even though I am 55 years old I can still start a successful life. Discipline and responsibility are my sources of freedom. - James

I would like to thank you once again and wants you to know how much of an impact your presentation was to me. - Lisa

Thank you so much for your awesome presentation. I will use the tools you shared to lay down my path to success! Because I am in the driver seat of my future. Great things are ahead from me! - Diane

I like it when you said we need to stop trying to live other people's stories and start living our own. I relate with that because I try so hard to live like my father when his story was a great hood story but no good to society. Thank you for your words. I will remember them for a lifetime. - Otto

I went home and placed a vision board above my bed. I am now forever conscious of your words "don't get in the way of myself". - Irene

One of your sayings that caught my attention was "you get what you ask for, but not when or how you expect it to get it". Now I am acting on having more patience and waiting for my dreams. - Chris

I appreciate you listening to and answering all of my questions. I found everything you shared very informative and motivating. You have inspired me to begin with the end in mind. - Darin

I relate to the blame and justify theme. It relates to many things in my life. I will use this as a tool in my life. - Anthony

I'm inspired to set my alarm an hour earlier to include my spiritual reading and exercise into my routine. No excuses. I'm playing above the line! - Jamie

Thank you for your inspiring words. I took your advice on the hour of power. I woke up an hour earlier this morning and found that my day was indeed a lot smoother. Your inspiring words have indeed helped me. - Cher

I know that as long as I'm being responsible with my money, career, relationships, health and spirit I'm on the right path. Thank you again, your advice is invaluable and couldn't have come at a better time. - David

Wow, I finally get it! Thank you. You truly have opened my eyes and made a difference in my life. - Robert

I really enjoyed listening to you. You said, "if it doesn't make sense don't try to make sense out of it". I now realized that in order for me to earn more I have to do more. - Ena

I like when you said if you need drama make it a game and not your life. – Gabriela

I'd love to do The Hour of Power for your group!